
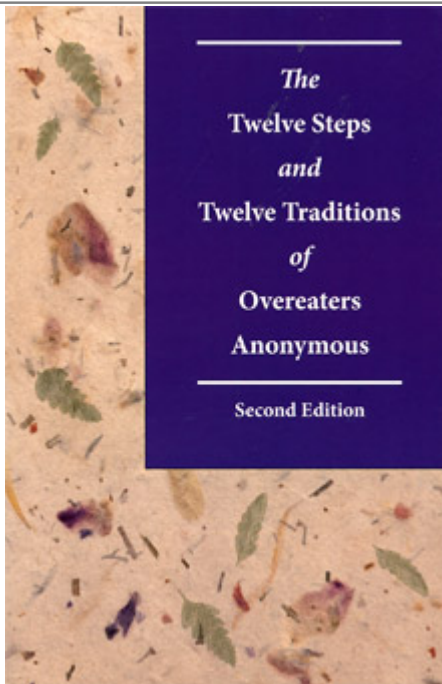



# オーバーイーターズ・アノニマス 12のステップと12の伝統

書名	オーバーイーターズ・アノニマス 12のステップと12の伝統	
副題		
版	初版	
著者	Overeaters Anonymous, Inc.	
訳		
出版年	2009	
ISBN		
出版社	OA日本サービス理事会	
判型	A5判	
備考	<a href="#">OA JAPAN書籍販売</a>	
原著	<b><i>Twelve Steps and Twelve Traditions of Overeaters Anonymous</i></b>	
副題		
版	Second Edition	
原著者	Overeaters Anonymous, Inc.	
出版年	2018	
ISBN	1889681207	
出版社	<a href="#">Overeaters Anonymous, Inc.</a>	
備考	1993 First Edition.  <a href="#">amazon.jp</a>	

## 解説

OA's keystone book—*The Twelve Steps and Twelve Traditions of Overeaters Anonymous, Second Edition*—is updated and improved, twenty-eight years after its first publication. Created specifically

as a study of the OA Twelve Step recovery program, the *OA Twelve and Twelve, Second Edition* has been revised for clarity and inclusivity—with a restructured Step Four chapter to increase usefulness. Read how, through working the Twelve Steps and studying the Twelve Traditions, members have found “physical, emotional, and spiritual healing that we don't hesitate to call miraculous.” [Overeaters Anonymous Book Store](#)

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